Orientation and Self Assessment of Researchers

LBG Career Center

EURAXESS Webinar





WHO WE ARE



LBG Career Center

Career Development for Researchers

We empower & support researchers in Austria in achieving their individual career goals — in or outside of academia



















EURAXESS Career Development Plan in Workshops & Trainings

Best Practice Example





EURAXESS Career Development Plan

Online Resource for Researchers' Career Development

https://euraxess.ec.europa.eu/sit es/default/files/euraxess career handbook.pdf



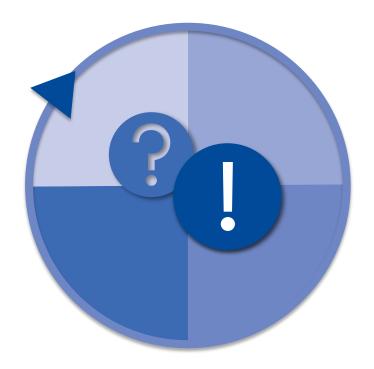








Career Development How to find YOUR career path



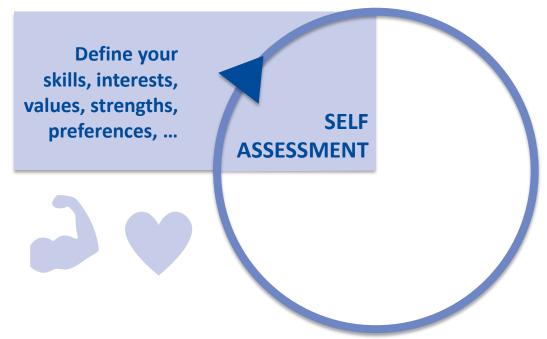














How to find YOUR career path



What are 3 skills or strengths that you used this week & that energized you?





How to find YOUR career path



Get insights to your strengths, skills & personality profile. Some free tools:

https://www.strengthsprofile.com/

https://viacharacter.org/

https://myidp.sciencecareers.org/

https://test.high5test.com

https://transaktionsanalyse-online.de/antreiber-test/



+ ask friends, family & colleagues!



How to find YOUR career path

Define your skills, interests, values, strengths, preferences, ...

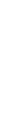






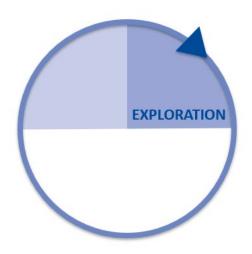
How to find YOUR career path

Define your Find the right fit skills, interests, for your skills & values, strengths, **SELF** interests preferences, ... ASSESSMENT EXPLORATION





How to find YOUR career path



What are the key factors that you are looking for in companies & job positions?



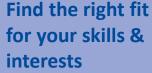


How to find YOUR career path

Define your skills, interests, values, strengths, preferences, ...

SELF ASSESSMENT EXPLORATION

FOCUSING







How to find YOUR career path

Define your skills, interests, values, strengths, preferences, ...

SELF ASSESSMENT

EXPLORATION

FOCUSING

Develop

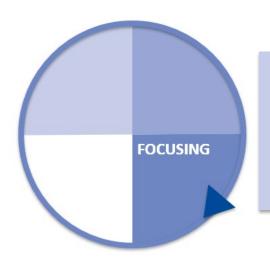




necessary skills for your career

goal

How to find YOUR career path



Which (transferable) skills do you already have?

Which skills could help you in your further career path?





How to find YOUR career path

Define your skills, interests, values, strengths, preferences, ...

SELF ASSESSMENT EXPLORATION

PLAN

ACTION FOCUSING

Find the right fit for your skills & interests

Develop necessary skills for your career goal

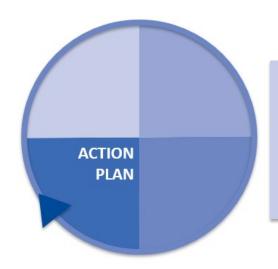








How to find YOUR career path



Define short – mid – and long-term steps on your career action plan!









What are your Best Practices?

Let's share ideas!





Get in touch!



LBG Career Center

Ludwig Boltzmann Gesellschaft cc.lbg.ac.at



